



THE UNIVERSITY WOMEN'S CLUB *of* VANCOUVER *at* HYCROFT

# ARE-YOU- PREPARED?



## Make it a “Win-Win”!

Do something today that will prepare you and your family for potential emergencies and help raise funds for women's education at the same time. Purchase an Emergency Preparedness Kit through the University Women's Club of Vancouver and you will be supporting our fundraising for scholarships and bursaries.

With every kit purchased, **\$25** will go to scholarships and bursaries at local (UWCV Trust Fund for Education) and national (CFUW Charitable Trust) levels in recognition of the CFUW 100th Anniversary Scholarship Project.

[www.are-you-prepared.ca](http://www.are-you-prepared.ca) | [pam@are-you-prepared.ca](mailto:pam@are-you-prepared.ca)

# ARE-YOU-PREPARED?

Help raise funds for the UWCV Trust Fund for Education and CFUW Charitable Trust in recognition of the CFUW 100th Anniversary Scholarship Project. With every kit purchased, **\$25** will support scholarships and bursaries for women's education.

## 1 PERSON 72 HR SURVIVAL KIT \$95

- |    |   |   |                                  |
|----|---|---|----------------------------------|
| 12 | 125ml Water Packets (5yr shelf life*)     | 1 | Mylar Blanket                    |
|    |   | 1 | Toilet Tissue                    |
| 1  | 3600 Calorie Food Block (5yr shelf life*) | 1 | Assorted First Aid               |
| 1  | Light Stick                               | 1 | Water Repellent Bag (cooler bag) |
| 1  | Garbage Bag                               | 1 | Poncho                           |

## 2 PERSON 72 HR SURVIVAL KIT \$115

- |    |  |   |                                  |
|----|--|---|----------------------------------|
| 24 | 125ml Water Packets (5yr shelf life*)      | 2 | Mylar Blankets                   |
|    |  | 2 | Toilet Tissue                    |
| 2  | 3600 Calorie Food Blocks (5yr shelf life*) | 1 | Assorted First Aid               |
| 2  | Light Sticks                               | 1 | Water Repellent Bag (cooler bag) |
| 2  | Garbage Bags                               | 1 | Box of Waterproof Matches        |

## 4 PERSON 72 HR SURVIVAL KIT \$155

- |    |  |   |                                  |
|----|--|---|----------------------------------|
| 48 | 125ml Water Packets (5yr shelf life*)      | 4 | Toilet Tissue                    |
|    |  | 1 | Assorted First Aid               |
| 4  | 3600 Calorie Food Blocks (5yr shelf life*) | 1 | Water Repellent Bag (cooler bag) |
| 4  | Light Sticks                               | 1 | Whistle                          |
| 4  | Garbage Bags                               | 1 | Box of Waterproof Matches        |
| 4  | Mylar Blankets                             |   |                                  |

## 5 PERSON 72 HR SURVIVAL KIT \$175

- |    |  |   |                                  |
|----|--|---|----------------------------------|
| 60 | 125ml Water Packets (5yr shelf life*)      | 1 | Assorted First Aid               |
|    |  | 1 | Water Repellent Bag (cooler bag) |
| 5  | 3600 Calorie Food Blocks (5yr shelf life*) | 1 | Whistle                          |
| 5  | Light Sticks                               | 1 | Box of Waterproof Matches        |
| 5  | Garbage Bags                               | 1 | Tube Tent                        |
| 5  | Mylar Blankets                             | 6 | Sanitary Napkins                 |
| 5  | Toilet Tissue                              |   |                                  |

## PERSONAL VEHICLE KIT \$95

- |   |                           |   |                          |
|---|---------------------------|---|--------------------------|
| 4 | 125ml Water Packets       | 1 | 36 hour Emergency Candle |
| 1 | 400 Calorie Food Block    | 1 | Toilet Tissue            |
| 1 | Garbage Bag               | 1 | 12 hr Light Stick        |
| 1 | Flashlight with Batteries |   | (used instead of flares) |
| 1 | Small Cooler Bag          | 1 | Pair of Safety Gloves    |
| 1 | Mylar Blanket             |   |                          |

## 1 PERSON 72 HR VEHICLE KIT \$145

- |    |   |   |                                  |
|----|---|---|----------------------------------|
| 12 | 125ml Water Packets (5yr shelf life*)     | 1 | Assorted First Aid               |
|    |   | 1 | Water Repellent Bag (cooler bag) |
| 1  | 3600 Calorie Food Block (5yr shelf life*) | 1 | Folding Shovel                   |
| 2  | Red Light Sticks (instead of flares)      | 1 | Set of Booster Cables            |
| 1  | Garbage Bag                               | 1 | Flashlight with Batteries        |
| 1  | Emergency Grey Blanket                    | 1 | 36 Hour Candle                   |
| 1  | Toilet Tissue                             | 1 | Box of Matches                   |
|    |   | 1 | Emergency Poncho                 |

## PET SURVIVAL KIT \$115

- |    |   |   |                                |
|----|---|---|--------------------------------|
| 8  | 125ml Water Packets (drinking or for cleaning wounds) | 1 | Hydrogen Peroxide 250ml        |
|    |   | 1 | 3" Conform Gauze               |
| 1  | Pet Injury Pamphlet                                   | 6 | 4x4 Sterile Gauze Pads         |
| 12 | Q-Tips  | 1 | Abdominal Pad                  |
| 1  | Forceps   | 1 | First Aid Cream                |
| 1  | Universal Scissors                                    | 1 | Syringe (to give medicine etc) |
| 1  | Instant Cold Pack                                     | 8 | Antiseptic Swabs               |
| 3  | Pairs of Gloves                                       | 1 | Sodium Chloride (small)        |
| 1  | Triangular Bandage                                    | 1 | 3" Tensor Dressing             |
| 1  | Roll of Tape  | 1 | Grey Blanket                   |
| 4  | Tongue Depressors (for splints)                       | 1 | Whistle (to alert for help)    |
|    |   | 1 | Water Repellent Bag            |

*\*5 year shelf life from date of manufacture.*

*Kits will be delivered within the Vancouver area for free within 3 weeks of receiving order.*

## ORDER FORM

- 1 Person 72 Hr Survival Kit \_\_\_\_\_ @\$95= \_\_\_\_\_
- 2 Person 72 Hr Survival Kit \_\_\_\_\_ @\$115= \_\_\_\_\_
- 4 Person 72 Hr Survival Kit \_\_\_\_\_ @\$155= \_\_\_\_\_
- 5 Person 72 Hr Survival Kit \_\_\_\_\_ @\$175= \_\_\_\_\_
- Personal Vehicle Kit \_\_\_\_\_ @\$95= \_\_\_\_\_
- 1 Person 72 Hr Vehicle Kit \_\_\_\_\_ @\$145= \_\_\_\_\_
- Pet Survival Kit \_\_\_\_\_ @\$115= \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Method of Payment:  Cash  Cheque (payable to Are-You-Prepared)  Paypal  UWCV Member's Account Total= \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiry \_\_\_\_\_ CVV \_\_\_\_\_ Price includes PST, GST & Delivery.

### Are-You-Prepared?

1533 Graveley Street, North Vancouver, BC V7P 2B1 | 604-763-6777 | pam@are-you-prepared.ca | www.are-you-prepared.ca