



THE UNIVERSITY
WOMEN'S CLUB
of VANCOUVER

Light Lunch Menu

November 23rd - 27th

LIGHT LUNCH FOR PICK-UP ONLY

Order by same day until 10:30 am

Pick-up on the same day until 2 pm

Soup

Potato & leek, garlic croutons. **\$7**

Sandwiches

Tuna, red onion, chives, mayo. **\$7**

Muffin

Freshly baked. **\$2.50**

**Members: soup & sandwich for \$13+tax or
all 3 items for \$15+tax**





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Wednesday Special Dinner

DINNER MENU FOR TWO \$30 + TAX

Please order by Tuesday, Nov 24th until 10:30 am

Pick-up between 3 - 6 pm on Wednesday, Nov 25th

Main

2 x Italian marinated pork-loin steaks (*Ready to grill*)
Roasted Mediterranean vegetable fregola, lemon & herbs
Patate al forno (oven roasted garlic scallop potatoes)
Winter greens Italian dressing

Dessert

Tiramisu

**Please note this dinner is ready to eat!*

**Add a bottle of our selected
paired wine for \$20 + tax each**

Montalto Pinot Grigio and Cabernet Sauvignon

Nespolino Trebbiano Chardonnay and Merlot





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German Dinner

Friday, Nov 27

DINNER MENU FOR TWO \$50 + TAX

Please order by Thursday, Nov 26th until noon.

Pick-up between 3 - 6 pm on Friday, Nov 27th.

Main

*2 x 6oz pork schnitzel, cabbage and mustard seed sauerkraut,
potato and celeriac salad, baby gem salad with sherry
vingarette, sauce gribiche*

Dessert

Black Fores Tiramisu





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FROZEN MEALS TAKE OUT MENU

Menu will be updated every Thursday

ORDER INSTRUCTIONS

- Kindly order any day from Monday to Friday between 10 am to 4 pm
- **PLEASE NOTE THE CUT-OFF TIME FOR SAME DAY PICK UP IS 4 PM**
- Email office@uwcvanancouver.ca
- **List number of orders** - eg 2 x lamb hot pots; 1 x fish pie; 1 x lasagna
- Your order will be charged to your account.

PICK-UP INSTRUCTIONS

- Pick-up will be from Monday to Friday between 11 am and 5 pm.
- Email the office at office@uwcvanancouver.ca with your preferred pick-up date and time
- The package can be picked up in the office.
- If you require delivery, please let us know and we would be happy to arrange it for you.



FROZEN MEALS TAKE OUT MENU

BAKED GOODS

Homemade scones

Raisin & Orange ~~\$3 each~~

NOW FOR \$2

Bake yourself pastries - New Item

Apple turnover x 1

Pan au chocolate x 1

Pan au raisin x 1.

All 3 pastries for \$8

MAIN ITEMS

Spicy Moroccan Minestrone Soup

Chicken stock, vegetables, tomatoes,
gently spiced & finished with orzo pasta. ~~\$7~~

NOW FOR \$5

Butternut squash soup **\$8** 

Coconut Beef & vegetable curry

(Contain peanuts)

Bottom round Beef, vegetables, garlic, jalapeno,
ginger, lemongrass, lime leaf, tomatoes, curry spices,
fish sauce, lime juice, cilantro, vegetable stock,
coconut cream, salt, pepper. **\$12**

Traditional shepherd's pie

(contains dairy & gluten)

Ground beef, onion, garlic, carrot,
peas, celery, red-wine, butter, flour,
beef stock, thyme, russet potato, salt & pepper. **\$12**

Turkey & ham hock puff pastry pie

(contains dairy & gluten)

Turkey, smoked ham hock, vegetables, garlic,
chicken stock, ham stock, butter, flour, tarragon,
white wine, puff pastry, salt & pepper. **\$12**

***Meals are 1 to 2 portion size.**

AVAILABLE WHILE SUPPLIES LAST!



Vegan



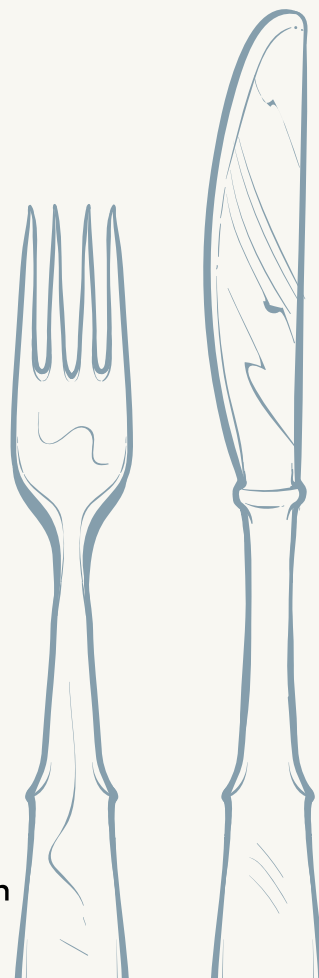
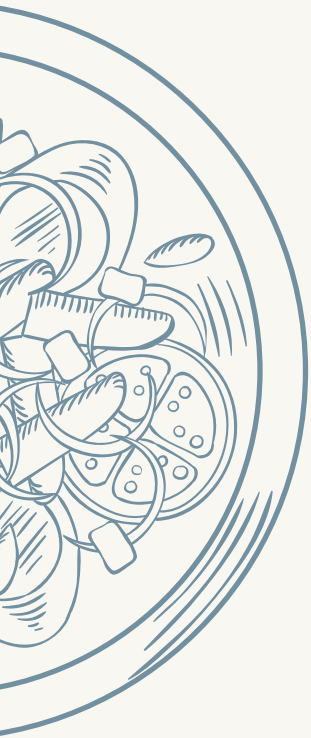
Gluten Free



Lactose Free



Vegetarian



TAKE OUT WINE MENU

WITH FOOD PURCHASE ONLY

WINES BOTTLES

Louis Martini Cabernet Sauvignon • \$31 + tax

Perfect to be paired with our Canadian AAA Striploin Steaks.

Montalto Pinot Grigio • \$20 + tax

Try it out with our Vegetarian Potato and Cauliflower Curry.

Montalto Cabernet Sauvignon • \$20 + tax

Exquisite to be paired with our Vegetarian Lasagna.

Nespolino Trebbiano Chardony • \$20 + tax

Perfect to be paired with our Vegan Eggplant Parmesan.

Alamos Malbec • \$23 + tax

Perfect match with any meat option.

Henkell Piccolo • 1 for \$10 or 3 for \$20

Best to be paired with our Vegan Mixed Bean Chili.



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